

## WaistWise Course Dates

<b>Amber Valley</b>	<b>Date</b>	<b>Time</b>
Alfreton,	28 February 2012	09.30 -11.30
Heanor	16 February 2012	10.00 - 12.00
Heanor	29 March 2012	18.30 - 20.30
Belper	16 January 2012	11.30 - 13.30
Ripley	09 January 2012	13.30 - 15.30
Ripley	06 March 2012	13.00 - 15.00
<b>Derbyshire Dales</b>		
Matlock	21 February 2012	18.30 - 20.30
Matlock	14 May 2012	10.00 - 12.00
Ashbourne	16 April 2012	TBC
<b>High Peak</b>		
Buxton	12 January 2012	13.30 - 15.30
Buxton	15 March 2012	18.00 - 20.00
<b>Chesterfield</b>		
Chesterfield Central	09 February 2012	10.00 - 12.00
Chesterfield Central	28 March 2012	18.30 - 20.30
Chesterfield Central	09 April 2012	10.00 - 12.00
Staveley	10 January 2012	13.30 -15.30
Staveley	06 March 2012	19.15 - 21.15
Staveley	05 April 2012	12.30 - 14.30
<b>North East Derbyshire</b>		
Dronfield	17 January 2012	14.00 – 16.00
Dronfield	06 March 2012	18.30 - 20.30
Dronfield	10 April 2012	14.00 - 16.00
Clay Cross	06 February 2011	10.00 - 12.00
<b>Erewash</b>		
Ilkeston	11 January 2012	18.30 - 20.30
Ilkeston	29 February 2012	13.00 - 15.00
Long Eaton	10 January 2012	19.30 - 21.30
Long Eaton	20 February 2012	13.00 - 15.00
Long Eaton	20 April 2012	13.00 - 15.00
<b>South Derbyshire</b>		
Swadlincote	26 January 2012	13.00 - 15.00
Swadlincote	22 March 2012	18.30 - 20.30
<b>Bolsover</b>		
Creswell	12 January 2012	10.00 - 12.00
Creswell	03 April 2012	18.30 - 20.30
Shirebrook	10 March 2012	10.00 - 12.00

These dates are subject to change

To find out how to access these courses please check out our home page

