

Tai Chi

AREA	NAME OF GROUP	LOCATION	DAY	FREQUENCY	TIME	PRICE	CONTACT NAME	TELEPHONE	E MAIL
Amber Valley	Tai Chi for your Health	The Salvation Army in Ripley. ... The Salvation Army Worship and Community Centre 25 Heath Road Ripley Derbyshire.	Thurs	Weekly	2.00 - 3.15	£4.00	Linda Christian	01773 741690	linda4864@hotmail.com
Amber Valley	Tai Chi for your Health	The Salvation Army in Ripley. ... The Salvation Army Worship and Community Centre 25 Heath Road Ripley Derbyshire.	Tues	Weekly	12.30 - 1.45	£3.00	Linda Christian	01773 741690	
Amber Valley	U3A	Strutt Centre, Derby Road, Belper, Derbyshire	Tuesday	Weekly	10 till 11	£1	John Devine	01773 829722	devinej@talktalk.net
Amber Valley	Young Mums	Strutt Centre, Derby Road, Belper, Derbyshire	Wed	Weekly	10 till 11	£1	John Devine	01773 829722	devinej@talktalk.net
Bolsover	Elmton with Creswell Tai Chi Group	Creswell Social Centre Elmton Rd Creswell	Tuesday	Weekly	11.45 - 12.45	£3.00 per session.	Mrs E Swain	01246 822 179	

		Workshop							
Bolsover	DCC Adult ed	Shirebrook Adult Community Education Centre Carter Lane ,Shirebrook, Nottinghamshire	Wed	weekly	6.30 till 8	£30 £26 £18	Alan Box	01623 744316	
Chesterfield	DCC Adult ed	St Francis Community Centre. Hunloke Avenue. Boythorpe. Chesterfield. Derbyshire.	Frid	Weekly	7.00 - 8.30	£30/£26£8	Alan Box	01246 201687	
Chesterfield	DCC Adult ed	Peter Webster Centre Sheffield Road Whittington Moor Chesterfield Derbyshire	Mon	Weekly	2.00 - 3.00	£20/£18/£5	Alan Box	01246 450633	
Chesterfield	Holmgate & Clay Cross Tai Chi Group	Darby and Joan Club, Off Park Road, Holmgate	Thurs.	Weekly	1.30 - 3.00	£2.00 per session	Barbara Oakley	01246 863344 0114 235 1188	barbara.o@talktalk.net
Chesterfield	St Helen's Tai Chi & Health	Parish Centre, Stonegravel, 91 Sheffield Rd,	Tues	Weekly	10.30 - 11.45	£8.00 per year paid quarterly.	Mrs V Bradbury	01246 237526	

	Group	Chesterfield, Derbyshire				£3.00 per weekly lesson			
Chesterfield	DCC Adult ed	ST AUGUSTINE'S CHURCH	Mon	weekly	9.30 till 10.30	£20 £18 £5	Alan Box	(01246) 201687	
Derby	Sleeping Lion TaiJiQuan	Mickleover Community Centre, off vickarage Road, Utoxeter road, Derby DE3 0DA	Mon	Weekly	9 till 10.15	£4	Carl Bateman	01332 553365	suntaichi@talktalk.net
Derby	Sleeping Lion TaiJiQuan	Mickleover Community Centre, off vickarage Road, Utoxeter road, Derby DE3 0DA	Mon	Weekly	10.15 till 11.30	£4	Carl Bateman	01332 553365	suntaichi@talktalk.net
Derby	The Tai Chi Club	Oakwood Leisure Centre, Springwood Drive, Oakwood, Derby	Friday	Weekly	1 .30 till 2.15	£5	Neil Bradley	01773 745599	enquire@thetaichiclub.co.uk
Derbyshire Dales	Tansley Tai Chi Group	Tansley Village Hall, Church Street Tansley, Matlock, Derbyshire	Mon	Weekly	11.00 - 12.00	£3	Alan Box		
Derbyshire Dales	Ashbourne Tai Chi Group	Ashbourne Leisure Centre, Station Road Ashbourne	Wed	Weekly	10.30 - 12.00	£40.00 per annum membership. No charge if in receipt of	Mrs Helen Knight	01335 343113	

		Derbyshire				income support.			
Derbyshire Dales	Sleeping Lion TaiJiQuan	Florence Nightingale Hall, Yew Tree Hill, Holloway	Fri	Weekly	2 till 3.30	£4	Carl Bateman	01332 553365	suntaichi@talktalk.net
Derbyshire Dales	DCC Adult ed	Bakewell Adult Community Education Service Lady Manners School, Shutts Lane, Bakewell, Derbys.,	Tue	weekly	7.30 till 9	£17 £15 £5	David Hall	(01629) 813747	
North East Derbyshire	Killamarsh Tai Chi Group	Killamarsh Sports Centre Stanley Street Killamarsh Derbyshire	Weds	Weekly	1.15 - 2.45	First visit is free. And thereafter just £2.00.	Mr Alan Weaver	0114 248 3119	alanweaver08@btinternet.com smg6161@gmail.com margaret.atkins@talktalk.net
North East Derbyshire	Dragon River Chen style Tai Chi Chuan	Morton Village Hall, Main Road, Alfreton	Tuesday	Weekly	11.30 till 12.30	£3.50	Dave Ashby	07981 488890	ravenshead42@gmail.com
South Derbyshire	Get Active in The Forest	Rosliston Forestry Centre, Burton Road, Rosliston, Swadlincote, Derbyshire	Tues	Weekly	3.00 - 5.00	£3.00	Debbie Chesterman	01283 563483	debbie@roslistonforestrycentre.co.uk
South Derbyshire	Tai Chi for your Health	Lockington Village Hall, Hemington Lane	Mon Tues Thurs	Weekly	7pm	£3	Tony Henrys	01509 672702	tonyhenrys@hotmail.co.uk

		Lockington Derbyshire							
South Derbyshire	Tai Chi for your Health	Kegworth Community Centre, Dragwell Kegworth Derby Derbyshire	Tuesday	Weekly	10.30 till 11.30	£3	Tony Henrys	01509 672702	tonyhenrys@hotmail.co.uk
Amber Valley	The Tai Chi Club	Ripley Leisure Centre, Derby Road, Ripley, Derbyshire,	Tuesday & Thursday	Weekly	7pm till 8.15	£5	Neil Bradley	01773 745599	enquire@thetaichiclub.co.uk
Chesterfield	Wu Chien Chuan Tai Chi For Health	Newbold Methodist Church Hall, Ulvaston Road, Chesterfield	Mon	Weekly	7 till 8		Peter Whitfield		peter.bramley@tinyworld.co.uk
North East Derbyshire	Dragon River Chen style Tai Chi Chuan	Stonebroom Community Centre Alfreton, Derbyshire	Tuesday	Weekly	10 till 11	£3.50	Dave Ashby	07981 488890	ravenshead42@gmail.com
Derbyshire Dales	Bakewell and District Tai Chi Group Medway Centre	Medway Community Centre New Street Bakewell Derbyshire	Wed	Weekly	9.15 - 10.45		Alan Box	07591 327837	
Derbyshire Dales	Matlock Imperial Rooms	Imperial Rooms Imperial Road Matlock Derbyshire	Thurs	Weekly	1.15 - 2.45		Alan Box	01246 279515	