



National Lottery Best Sports Project 2008

**A programme of accompanied walks
in South Derbyshire &
The National Forest
2009**

**For more information call
01283 563483**

Get Active in The Forest

New Year Resolution Walk – Saturday 10 January

Walk off a few Christmas pounds and start the year off as you mean to go on! Join us for a Winter walk through Calke Abbey's wonderful parkland. Meet at 2.00pm Calke Abbey main car park.
(In partnership with The National Trust)



Bird Walk – Saturday 7 February

Learn a little about Rosliston Forestry Centre's feathered friends as you walk with expert Brian George.
Meet at 10.00am Rosliston Forestry Centre Foyer.



Walk and Warm! – Saturday 7 March (£3.50 charge – includes soup and a roll)

Come and brave the chilly weather. Join us on a walk around Rosliston, stopping off for a warming bowl of soup at a local pub.
Meet at 2.00pm Rosliston Forestry Centre Foyer.

Bluebell Walk – Saturday 25 April

Join our annual pilgrimage to the nearby 'hidden' bluebell wood. Bring your camera. Please note that there are a few stiles en route.
Meet at 2.00pm Rosliston Forestry Centre Foyer.

Bird Walk – Saturday 23 May

Learn a little about Rosliston Forestry Centre's feathered friends as you walk with expert Brian George.
Meet at 10.00am Rosliston Forestry Centre Foyer.



Castle Gresley Pub Walk – Saturday 13 June

Explore Castle Gresley including part of Tunnel Wood. Begin and end your journey at The White Lion Public House (off A444 near Toons)
Meet at 2.00pm White Lion Public House.

Butterfly Walk – Saturday 18 July

Join our local enthusiast Peter Brewster on a butterfly safari around the site. Meet at 2.00pm Rosliston Forestry Centre Foyer.



Trees and Teas – Saturday 15 August (£3.50 charge – includes Cream Tea)

Enjoy a summer walk around the site, followed by a Cream Tea.
Meet at 2.00pm Rosliston Forestry Centre Foyer.



Forest Forage – Saturday 19 September (£3.50 charge – includes mushroom soup)

Join us on a hunt round the Centre for forest fungi, then meet back in the restaurant for a bowl of mushroom soup.
Meet at 2pm Rosliston Forestry Centre Foyer.



Walk & Warm – Saturday 17 October (£3.50 charge – includes bacon buttie plus tea/coffee)

Get out in the Autumn sunshine. Join us on a walk around Rosliston, stopping off for a bacon buttie at a local pub.
Meet at 11.00am Rosliston Forestry Centre Foyer.

Canal Walk – Saturday 14 November

Enjoy a walk through the heart of The National Forest. We will explore a little of the Ashby Wouds Trail and begin and end our experience at the wonderful Moira Furnace.
Meet at 2.00pm outside Moira Furnace Tea Room.



Mince Pie/Mulled Wine – Saturday 19 December (£3.50 charge – includes drink and mince pie)

Come and be merry! Enjoy a bracing walk around the Centre, finished off with a warming drink and a mince pie in the restaurant.
Meet at 2.00pm Rosliston Forestry Centre Foyer.



Wheelchair user friendly Push-chair friendly

* car park charges apply for walks from Rosliston Forestry Centre

Derbyshire County 
Primary Care Trust

Walks last between 45 and 60 minutes

Walkers accompanied by first-aid trained walk leaders

Please wear strong comfortable shoes. Bring some waterproof clothing.

All walks £1 except March, August, September, October and

December walks which are £3.50

PLUS

Regular weekly walks around South Derbyshire.

Hilton	10.30am	MONDAYS
Calke Abbey	2pm	MONDAYS
	(except 5th Monday of the month)	
Overseal Surgery	1.30pm	TUESDAYS
Green Bank Leisure Centre	10am	WEDNESDAYS
Castle Gresley Surgery	1pm	WEDNESDAYS
Swadlincote Surgery	1pm	WEDNESDAYS
Newhall Surgery	1.45pm	THURSDAYS
Willington	1.30pm	THURSDAYS
Prestwood Surgery	2pm	FRIDAYS

For public transport information Tel Arriva on 0870 608 2608

The Environmental Education Project also organises a number of family walks and events at Rosliston Forestry Centre.

Tel 01283 535039 for details

If you would like this document in another language, or if you require the services of an interpreter, please contact us. It is also available in large print, Braille or audio format upon request. Tel: 01283 595795
Email: customer.services@south-derbys.gov.uk