

Get On Track! Cycling



Junior Cycling Basic skills



Where: Rosliston Forestry Centre DE12 8JX

When: Thursday 27th October 2011

Time: 10am – 11am

Cost: £3 with own Bike £5 with hire Bike
(Helmet Hire Free)

Age: 8 Years and older (School Year 3)

BOOKING is essential contact John Widdowson on details below

Got a Bike?

Want to learn basic bike skills? ...Then this is the session for you!

Come and learn to prepare for the unexpected, how to best use your bike and stay safe. In our traffic free, woodland environment learn to how brake at speed and get the right gear for the challenge ahead.

Booking essential



Contact John Widdowson 07966490813
john.widdowson@south-derbys.gov.uk