



Get on yer **Bike**

1 mile Challenge

Chesterfield & North East Derbyshire

Monday 1st June to Tuesday 30th June 2009

Every time you ride 1 mile (1.6km) on an Exercise Bike in the gym or take part in a Spinning Class at any one of the 8 venues below between 1st to 30th June 2009 you will be entered into a **free prize draw** with a chance to **Win 3 x £100 Sports Store Vouchers**

Healthy Living Centre - Barlow Road, Staveley, Chesterfield - 01246 345666
Queen's Park Sports Centre - Boythorpe Rd, Chesterfield - 01246 345559

Win also at above - 3 x annual gym memberships, 2 x 3 month passes, 20 guest passes

Dronfield Sports Centre - Civic Centre, Dronfield - 01246 217217
Sharley Park Leisure Centre - Market Street, Clay Cross - 01246 217277
Eckington Swimming Pool - Gosber Street, Eckington - 01246 217481
Killamarsh Sports Centre - Sheffield Road, Killamarsh - 0114 248 5554

Win also at above - 4 x 3 month passes, 20 guest passes

Fitness Suite Chesterfield College - Infirmary Road, Chesterfield - 01246 500579
Fitness Matters Chesterfield College - High Street, Clowne - 01246 500746

Win also at above - 6 x 3 month passes, 40 guest passes

(NB: maximum of one prize per person)



@ Chesterfield College
LearningMatters



Derbyshire County 
Primary Care Trust



www.bikeweek.org.uk





CHESTERFIELD CYCLE CAMPAIGN

FREE CYCLE RIDES

(BOOKING ESSENTIAL)

To book in person, or by telephone please contact Chesterfield Tourist Information Centre, Rykneld Square, Chesterfield.

Telephone: **01246 345777/8** or email tourism@chesterfield.gov.uk.

Tickets can also be obtained online at www.visitpeakdistrict.com/hbwf

Sunday 21 June - 2pm - 10 mile Bike Ride along Trans Pennine Trail

Meet: Tapton Lock Visitor Centre, Chesterfield

Wednesday 24 June - 6.30pm - 4 mile local Bike Ride

Meet: Queen's Park Café, Chesterfield

All participants in the Bike Rides above will be entered into the 'Get on yer Bike' free prize draw with a chance to **win 3 x £100 Sports Store Vouchers**
(NB: maximum of one prize per person)

USEFUL WEBSITES AND WEBLINKS

Active Derbyshire www.activederbyshire.co.uk

Bike For All www.bikeforall.net

British Cycling www.britishcycling.org.uk

Bike Week www.bikeweek.org.uk

CTC www.ctc.org.uk

Everyday Cycling www.everydaycycling.com

Chesterfield Cycle Campaign www.chesterfieldcc.org.uk

Bike4Life (Bike4Life is part of the Change4Life movement) www.nhs.uk/Change4Life

Greenways www.derbyshire.gov.uk/leisure/countryside/Access_recreation/greenways

CHESTERFIELD CYCLE CAMPAIGN BIKE WEEK 2009 INFORMATION STALL

10am to 4pm Saturday June 13th:
New Square in Chesterfield town
centre. Lots of cycle information
plus bring your bike along for a free
'bike health check' from 'Dr Bike'.



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North East
Derbyshire
District Council



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**Bike
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