



Back to Netball

- Informal session for women wanting to get back into, or try netball for the first time.
- Fun based, suitable for all.
- Help boost your health and fitness levels.

Tuesday evenings

8.30pm - 9.30pm

at New Mills Leisure Centre

New Mills Leisure Centre

01663 748842

Come along to our new Women's Netball session and try out this exciting sport!

**Sessions start on 11th January and run until
29th March 2011.**

Only £3.00 for the full hour!

- Supervised by qualified Netball coach
- All equipment provided
- Suitable for all levels and abilities

- No need to book, just turn up and play
- Open to all Women aged 16 and over

Although a non-contact sport, netball is still a fast-paced and intensive game, which will quickly boost your health and fitness levels.

**Try sport and see what a difference it
can make to your life! Give us a call
today or visit our website for more
information (see below)**

New Mills Leisure Centre

Hyde Bank Road

New Mills

01663 748842

www.highpeak.gov.uk/leisure

Back to Netball

www.englandnetball.co.uk/backtonetball

