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Active Derbyshire Plan 2009 - 2013







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What is the purpose of this plan?

The purpose of the plan is to encourage and enable the residents of Derbyshire to live more active lives to the extent that it has a positive benefit on their health. The plan recognises that residents will all have different starting points, different interests, abilities and levels of motivation and therefore need a range of different opportunities along the physical activity continuum.

This plan is intended to provide a framework for the development of active recreation and everyday living across Derbyshire. The plan does not include every action for every agency, but is designed to influence the delivery plans of the many organisations involved in active recreation and everyday activity in the county. It will provide coordination for the diverse range of partners working on this agenda so that their individual and partnership efforts have the greatest impact.

The plan has been developed through the Active Derbyshire Partnership (previously called the Derbyshire Physical Activity and Health Partnership) which is the strategic lead for physical activity in Derbyshire. Its partners include Derbyshire Sport, Derbyshire County Primary Care Trust, Derbyshire County Council, District and Borough Councils, The Peak District National Park Authority, Department of Health and Sport England. The Physical Activity Plan for Derbyshire 2006-2009 was developed through this partnership and for the past three years this has been a key document influencing the development of physical activity opportunities in the county. The Active Derbyshire Plan is intended to build upon the progress that has happened to date and to address the changing priorities in this area.

This is a framework for partners working in the Derbyshire County Council area. Partners in Derby City are currently developing an action plan for residents of the City which will compliment but be distinctive from this plan.

The plan will:

Provide a reference for all partners with a remit for increasing physical activity

Present an action plan with specific actions to increase the levels of participation of Derbyshire people

Bring together partners and provide a co-ordinated approach to delivering physical activity across the county

Maximise and make best use of investment and resources for physical activity across the county

What targets are we aiming for?

The recommendations¹ of the Chief Medical Officer (CMO) are

- For general health benefit, adults should achieve a total of at least 30 minutes a day of at least moderate intensity physical activity on 5 or more days of the week.
- The recommended levels of activity can be achieved either by doing all the daily activity in one session, or through several shorter bouts of activity of 10 minutes or more. The activity can be lifestyle activity, structured exercise or sport, or a combination of these.
- Children and young people should achieve a total of at least 60 minutes of at least moderate intensity physical activity each day. At least twice a week, this should include activities to improve bone health (activities that produce high physical stresses on the bones), muscle strength and flexibility.

¹ Department of Health (2004) *At least five a week: evidence on the impact of physical activity and its relationship to health*

Legacy Action Plan 2 million target (LAP)

Whilst the CMO's 'five times a week' recommendation remains the ultimate goal for all adults, the Government's Olympic Legacy Action Plan (LAP)² sets a target for 2 million **more** adults more active (3 x 30 mins of moderate intensity physical activity) by 2012.

Sport England's Strategy 2008-2011 includes a target to increase by 1 million by 2012-13, the number of people doing more **sport** (defined as 3 sessions of moderate intensity **sport** each week). This target will contribute to the wider 2 million target.

Baselines for the 2 million target have been established using the 2007/2008 Active People survey. Progress towards the target will be measured by future Active People surveys, which from January 2009, has also started to record participation levels in dance, active conservation and gardening.

Responsibility for the 2 million target is shared by the Department of Culture, Media and Sport (the sport 1 million) and the Department of Health who are leading a cross-departmental group for this (the other 1 million). The Department of Health have chosen not to break down the 2 million target into regional, county or district based targets hence Derbyshire does not have a LAP target as such but is expected to contribute toward achieving the whole.

Derbyshire Local Area Agreement

The Derbyshire Partnership Forum has included National Indicator 8 (NI 8) as 1 of the agreed indicators within its Local Area Agreement.

The definition for NI 8 is: the percentage of the adult (age 16 and over) population in a local area who participate in sport and active recreation, at moderate intensity, for at least 30 minutes on at least 12 days out of the last 4 weeks (equivalent to 30 minutes on 3 or more days a week).

A target has been set to increase the percentage of Derbyshire adults who meet the 3 x 30 requirement by 1% annually from the 2005/2006 Active People baseline survey. This means that by the end of March 2011, the NI 8 participation rate should have increased from the baseline of 21.4% to 25.4%. The table shows how the LAA target breaks down between the districts and boroughs in the county. The Cultural Board of the Derbyshire Partnership Forum is responsible for overseeing the delivery of the NI 8 target. Members of the Active Derbyshire Partnership are members of the Cultural Board and will feed in regular reports on the progress of this plan towards meeting this target.

Achieving the NI 8 target in the county will meet the 'county's share' of the LAP 2 million target.


LAA TARGETS 2008-2011								
	NI 8 baseline figure from Active People 1 survey (05/06)	16 and over population in 2005	Equates to Number of People (2005 pop figures)	LAA 3 x 30 participation target for 10/11 (NI8 measure)	2011 Population Prediction (16+)	Equates to Number of People (2011 pop predictions)	No. of new people doing 3x30 up to 2011 (the difference)	Annual increase required
Amber Valley	21.6	96,200	20,779	25.6	102,600	26,266	5,486	1,829
Bolsover	20.7	59,200	12,254	24.7	62,700	15,487	3,233	1,078
Chesterfield	17.0	81,400	13,838	22.0	85,400	18,788	4,950	1,650
Derbyshire Dales	24.5	57,500	14,088	28.5	59,300	16,901	2,813	938
Erewash	21.7	88,600	19,226	25.7	92,400	23,747	4,521	1,507
High Peak	22.3	73,500	16,391	26.3	78,800	20,724	4,334	1,445
North East Derbyshire	22.7	80,100	18,183	26.7	83,000	22,161	3,978	1,326
South Derbyshire	21.3	69,800	14,867	25.3	79,300	20,063	5,196	1,732
Derbyshire CC area	21.4	606,300	1129,74	25.4	643,500	163,449	33,701	11,234

² Department for Culture, Media and Sport (2008) Before, during and after: making the most of the London 2012 Games

Where does the plan fit?

There are many local, county, regional and national influences on this Active Derbyshire Plan. It is important that these are translated and reflected within it. Some of these influences are presented in the table below.

There are seven Community Sports Networks established across the county, covering all the 2nd tier authorities. These will play a key role in the delivery of this plan at a local level. However for the plan to be effective the actions need to be owned by a wide range of partners, taking the lead for relevant actions at a county level or at a district level, possibly by helping resource the activities of the CSN.

Positioning of the Active Derbyshire Plan 2009-2013		
NATIONAL STRATEGIES		
Be Active Be Healthy - A plan for getting the nation moving Dept Health - February 2009	Healthy Weight, Healthy Lives: A Cross Government Strategy for England, Nov 2008	Sport England Strategy 2008-2011 Sport England - June 2008
Every Child Matters & Next Steps - Govt Green Paper 2003/04	Before, during and after - Making the most of the London 2012 Games Dept Culture, Media and Sport - June 2008	PE and School Sport for Young People Strategy - DfES 2002
REGIONAL PLANS AND STRATEGIES		
	East Midlands Strategy for the 2012 Olympic Games	National and regional sports equity strategies - Disability, Women, BME
COUNTY PLANS AND STRATEGIES		
Derbyshire Sustainable Community Strategy 2009-2014 Derbyshire Local Area Agreement 2008-2011 The Derbyshire Children and Young People's Plan 2009-2012	 Active Derbyshire Plan 2009 - 2013	Derby and Derbyshire Strategic Framework: Obesity 2007-2010 Derbyshire Children and Young Peoples Obesity and Infant Feeding Strategy
County governing body of sport plans Sports Facilities strategy Rural Strategies Derbyshire Disability Plan for Sport 2008-2012	A Strategic Plan for Sport and Active Recreation in Derbyshire 2009-2013 A Plan for Derbyshire to benefit from the London 2012 Olympic and Paralympic Games	Volunteering strategy Tourism/sports events Peak District National Park Authority Strategies National Forest Strategy
LOCAL PLANS AND STRATEGIES		
	Local Authority Corporate Plans	District Sustainable Community Strategies

Definitions and the Scope of the Plan

This Active Derbyshire Plan is focused on enabling residents of Derbyshire to become more active through active recreation and everyday activities. The plan is not focused on traditional sports in traditional settings.

The terms physical activity, sport and active recreation are sometimes interchanged. To be clear it is important that these terms are used more consistently.

“**Be Active Be Healthy, A plan for getting the nation moving**” launched by Department of Health in February 2009, uses some very clear definitions which this plan is adopting. These are defined below:

Physical Activity - includes all forms of activity such as everyday walking or cycling, active recreation such as dancing, going to the gym as well as organised and competitive sport. What unites physical activity is the effect on the body raising the heart rate, bringing about beneficial physiological responses and improving overall well being.

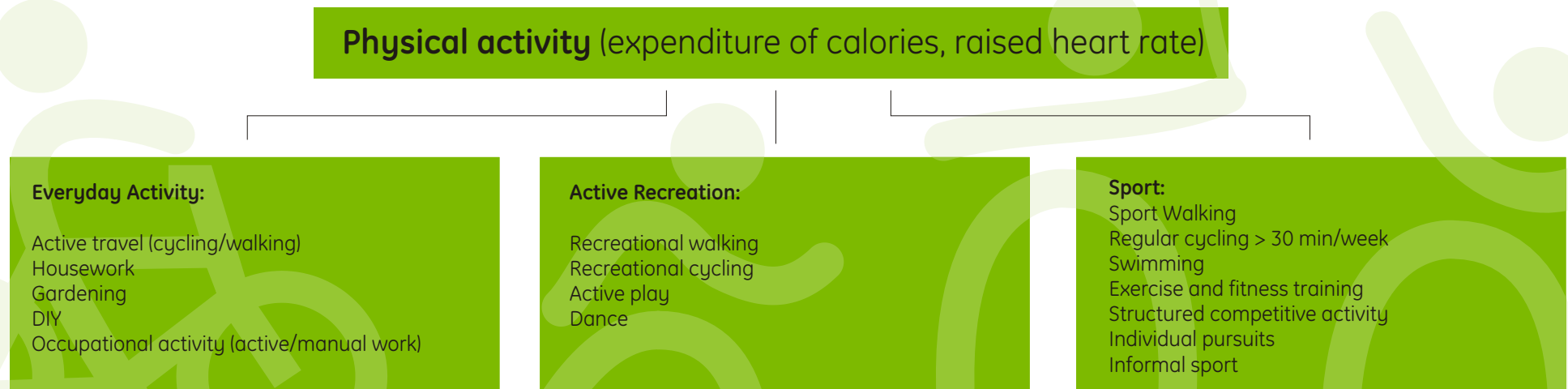
Everyday Activity - includes active travel to work, housework, gardening, DIY, manual work etc.

Active Recreation - includes generally unstructured recreational activity that individuals freely pursue in their leisure time for a sense of enjoyment such as aerobics, dance, walking, cycling and swimming for leisure.

Sport - ‘means all forms of physical activity which through casual or organised participation, aimed at expressing or improving physical fitness and mental well-being, forming social relationships, or obtaining results in competition at all levels’ (Council of Europe, European Sports Charter, 1993).

This includes informal sport which may take place in the park or garden as well as formal or competitive sport such as football and netball leagues, cricket, basketball or athletics.

This Active Derbyshire Plan is focusing on the Active Recreation and Everyday Activity agendas.



Where are we now?

We have made progress since the launch of 'A Physical Activity Plan for Derbyshire 2006-2009.' Our delivery system is stronger, partnerships between agencies are strengthening and there is a greater sense of common purpose and shared goals. We have made good progress towards many of the targets we agreed in 'A Physical Activity Plan for Derbyshire 2006-2009.'

We now have more comprehensive data about the levels of activity in the county through the Active People Survey results. We also have a wide and more comprehensive picture of the levels of obesity within the county. Both these have been taken in to account when deciding the next priorities and actions within this plan.

Active People - baseline data and first year results

The Active People Survey is the largest ever survey of adults' participation in sport and active recreation to be undertaken in Europe. This baseline survey (Active People 1) was undertaken between October 2005 and October 2006 and 363,724 adults in England (age 16+) were interviewed by telephone.

Active People Survey 2 took place between October 2007 and October 2008 and interviewed 191,000 adults in England. The results in Derbyshire showed a slight decrease in the participation rates, a slight increase in the volunteering rates, and highlighted that more progress needs to be made if we are to achieve the Olympic Legacy Action Plan (LAP) and LAA targets within the county.

Headline results in Derbyshire from Active People 1

- 21.4% of all adults do at least 3 days a week x 30 minutes moderate participation (NI 8 figure)
- 4.5% of all adults do at least 1 hour a week volunteering to support sport
- 23.2% of all adults are a member of a sports club
- 16.9% of all adults received tuition from an instructor or coach in last 12 months
- 14.7% have taken part in organised competitive sport in last 12 months
- 68.5% of all adults are satisfied with local sports provision

Headline results in Derbyshire from Active People 2

- 21.2% of all adults do at least 3 days a week x 30 minutes moderate participation (NI 8 figure) - (a decrease of 0.2%)
- 5.1% of all adults do at least 1 hour a week volunteering to support sport (an increase of 0.6%)
- 22.6% of all adults are a member of a club (a decrease of 0.6%)
- 16.9% of all adults received tuition from an instructor or coach in last 12 months (no change)
- 13.9% have taken part in organised competitive sport in last 12 months (a decrease of 0.8%)
- 66.0% of all adults are satisfied with local sports provision (a decrease of 2.5%)

Comparison between Active People 1 and Active People 2 NI 8 scores

NI8 (National Indicator)	Active People 1 05/06 %	Active People 2 07/08 %	Difference %
Amber Valley	21.6	22.1	0.5
Bolsover	20.7	19.1	-1.6
Chesterfield	17.0	22.2	5.2
Derbyshire Dales	24.5	24.3	-0.2
Erewash	21.7	21.2	-0.5
High Peak	22.3	19.7	-2.6
North East Derbyshire	22.7	21.3	-1.4
South Derbyshire	21.3	19.5	-1.8
Derbyshire CC	21.4	21.2	-0.2

Health profile data

Health Profile for Derbyshire 2009 (www.healthprofiles.info)

Key points for Derbyshire include:

- **1 in 4 adults are obese in Derbyshire (est. 28%), worse than the England average**
- **Children's physical activity levels appear to be worse than the England average**
- **Adult physical activity levels are similar to England, however levels of adult obesity are worse than the England average**
- **07/08 figures for recorded Diabetes in primary care highlights a rate worse than the England average**
- **There is significant health inequality across communities in the county and a clear association between deprivation levels and having the poorest health**

Funding Principles

Delivery of this Active Derbyshire Plan will require more investment to increase participation levels in the county.

No single agency has the resources to deliver this plan alone. By working together however, it may be possible to release the resources required to meet the goals. There is no obvious, additional, dedicated resource available to fund this plan. Instead a series of funding principles are proposed to underpin its delivery.

- **Partners should maintain their current investment levels into sport and active recreation**
- **Partners should explore how they may be able to attract additional resources to meet the plan's goals**
- **Derbyshire Sport and partners will seek additional funding from national and regional partners and funding sources**
- **New partnerships should be established and opportunities fully explored to support work in the areas of active recreation and everyday activity**
- **Issues of sustainability should be addressed at the start and during the planning stages of new developments**

Equality

Equality in the context of the Active Derbyshire Plan is about:

- **Fairness, equality of access, recognising inequalities and taking steps to address them**
- **Where required, changing the culture and structure of the range of organisations involved in providing physical activity opportunities to ensure they are equally accessible to all members of society regardless of their race, economic status, gender, age, religion, disability or sexual orientation (REGARDS)**
- **Making sure that all people have an opportunity to realise their talent and fulfil their potential throughout the most appropriate pathway**
- **An individual's responsibility to challenge discriminatory practice and promote inclusion**

Work will continue to encourage increased participation by those groups in society who already take part, encouraging them to continue or to do more. In addition, targeted action will be undertaken to increase participation by under represented groups who may need assistance to overcome particular barriers. The plan will support the setting of targets for these identified groups and recommends that plans and programmes are developed in consultation with representatives from these groups.



Active Derbyshire Plan 2009 - 2013



The Action Plan

The plan has eight overarching goals, with aims and actions proposed under each goal.

- 1 Increase by 1% per year the number of 16 year olds and over who participate in sport or active recreation for at least 30 minutes on 3 or more times per week.
- 2 Develop and promote consistent messages and terminology about physical activity, sport, active recreation and everyday activity.
- 3 Work to reduce the inequalities that exist in the participation levels of members of under represented communities.
- 4 Encourage all young people between the ages of 5-19 in Derbyshire to do 60 minutes physical activity of at least moderate intensity, daily.
- 5 Reduce the drop off that occurs in young people's physical activity levels when they leave full-time education.
- 6 Capitalise on the opportunities provided by the natural and built resources to raise adult and children's participation levels.
- 7 Support the work of the voluntary sector to increase the number of young people and adults who regularly volunteer their time to support active recreation.
- 8 Manage and develop the Active Derbyshire Partnership to deliver the actions in this plan.

Active Derbyshire Plan 2009 - 2013 **Action Plan**


GOAL 1

Increase by 1% per year the number of 16 year olds and over who participate in sport or active recreation for at least 30 minutes on 3 or more times per week.


Measurement: Sport England Active People Survey National Indicator 8 (NI 8) data set

Baseline - 21.4% (AP1 05/06 NI 8 data)

Target - 25.4% (10/11 NI 8 data)

AIM	ACTION	POTENTIAL PARTNERS
<p>1.1 Increase the number of new people, 60 and over, who are swimming on a weekly basis as a result of the government funded free swimming initiative.</p>	<p>1.1.1 Establish baseline data for:</p> <ul style="list-style-type: none"> - the number of 60s and over who go swimming and how often they go - for young people on Aiming High 	<p>Free Swimming Group</p>
	<p>1.1.2 Agree 2nd tier authority targets for the 2 year free swimming programme to increase the:</p> <ul style="list-style-type: none"> - number 60 and over who swim - frequency of swimming of 60 and overs' - number of disabled young people and looked after children who swim as part of this programme - set baseline target for Aiming High - number of care leavers in this programme 	<p>Free Swimming Group, DCC Well Being Team</p>
	<p>1.1.3 Implement programmes developed by the county and city Free Swimming Marketing Group which may include:-</p> <ul style="list-style-type: none"> - revising new pool programmes - setting up specific swimming sessions with targeted marketing for all groups 	<p>Free Swim Marketing Group, Leisure Centres</p>

GOAL 1 continued



AIM	ACTION	POTENTIAL PARTNERS
<p>1.2 Increase the number of residents between 17 and 59 who are swimming on a regular basis.</p>	<p>1.2.1 Monitor the success of Zoggs Swim for Fitness Programme to determine the numbers of swimmers following the programmes, the frequency of attendance and quality of experience.</p>	<p>Amber Valley CSN, Derbyshire Sport</p>
	<p>1.2.2 If evaluation positive, replicate the Swim for Fitness model or ASA Swim Fit programme in all leisure centre pools within the county.</p>	<p>Local Authority Leisure, Leisure Centres, CSNs</p>
	<p>1.2.3 Develop and adopt programmes e.g. 'Learn to Swim' to increase adult confidence in water.</p>	<p>Local Authority Leisure, Leisure Centres, CSNs</p>
	<p>1.2.4 Develop Derbyshire wide retention programmes for swimming.</p>	<p>Local Authority Leisure, Leisure Centres, CSNs</p>
<p>1.3 Develop a mass participation, joined up and sustainable Jog Derbyshire programme.</p>	<p>1.3.1 Implement the Jog Derbyshire action plan to recruit and train jog leaders, to recruit participants, to establish new jogging groups, and to monitor the health benefits of the programme.</p>	<p>Derbyshire Sport, Local Authority Leisure, CSNs</p>
	<p>1.3.2 Raise the funding required to sustain the programme beyond Sept 2011.</p>	<p>Derbyshire Sport, Derbyshire County PCT</p>
	<p>1.3.3 Where a leisure centre is running a Gold Standard Health Referral (Physical Activity) Scheme establish a Jog Derbyshire group and pathway.</p>	<p>Derbyshire Sport, Local Authorities, CSNs</p>
<p>1.4 Embed the Gold Standard Health Referral (Physical Activity) Scheme in the county.</p>	<p>1.4.1 Continue to run a high quality Gold Standard Health Referral (Physical Activity) Scheme in each 2nd tier authority in the county, meeting the county gold standard protocols.</p>	<p>Derbyshire County PCT, Local Authority Leisure</p>
	<p>1.4.2 Increase the numbers of referrals and completions to each scheme across the county.</p>	<p>Derbyshire County PCT, Local Authority Leisure</p>
	<p>1.4.3 Establish a base line figure for the number of disabled adults being referred to Gold Standard Health Referral (Physical Activity) Schemes.</p>	<p>Derbyshire County PCT, Local Authority Leisure</p>

GOAL 1 continued

AIM	ACTION	POTENTIAL PARTNERS
	<p>1.4.4 County wide monitoring and evaluation framework developed and implemented by all schemes.</p> <hr/> <p>1.4.5 Conduct an annual training needs assessment for Health Referral Coordinators delivering the programmes and set up appropriate training.</p> <hr/> <p>1.4.6 Provide up to date and easily accessible information to the Health Referral Coordinators about the active recreation and sport opportunities available locally that might meet the needs and interests of the Gold Standard Health Referral (Physical Activity) Scheme participants to sustain regular exercise.</p> <hr/> <p>1.4.7 Increase the number of community based activities and leisure centre based activities for Health Referral (including low impact activity where appropriate).</p>	<p>Derbyshire County PCT, Local Authority Leisure</p> <hr/> <p>Derbyshire County PCT, Local Authority Leisure</p> <hr/> <p>Derbyshire Sport, Local Authority Leisure</p> <hr/> <p>Derbyshire County PCT, Local Authority Leisure</p>
<p>1.5 Deliver a successful CIF Health Trainer (physical activity) project throughout the county.</p>	<p>1.5.1 Implement the CIF Health Trainer project action plan and ensure that exit routes for health referral participants are established and promoted to the participants within each district scheme.</p>	<p>Derbyshire County PCT, Local Authority Leisure</p>
<p>1.6 Increase the number of Derbyshire residents who walk on a weekly basis.</p>	<p>1.6.1 Support and implement relevant new national walking initiatives developed by the National Walking Coalition.</p> <hr/> <p>1.6.2 Increase the number of Walking for Health and other Health Walks programmes operating in the county and develop a process to record the number of walkers in these groups.</p> <hr/> <p>1.6.3 Ensure that disabled people and mental health users can be integrated into existing and new Walking for Health groups in the county. Where required, set up dedicated Walking for Health groups for disabled people.</p>	<p>DCC Countryside Services, DCC Well Being Team, Derbyshire Sport, Natural England</p> <hr/> <p>Derbyshire County PCT, DCC Well Being Team, Local Authority Leisure, CSNs</p> <hr/> <p>Derbyshire County PCT, Local Authority Leisure, CSNs, DCC Countryside Services, DCC Well Being Team</p>



GOAL 1 continued

AIM	ACTION	POTENTIAL PARTNERS
	<p>1.6.4 Establish a Walking for Health group based at every venue used as part of the Gold Standard Health Referral (Physical Activity) Scheme in the county.</p>	<p>Derbyshire County PCT, Local Authority Leisure, CSNs</p>
	<p>1.6.5 Put in place a county Nordic Walking instructor training programme and support trained instructors to set up groups around the county.</p>	<p>Derbyshire Sport, CSNs</p>
	<p>1.6.6 Promote new and existing county wide walking programmes.</p>	<p>Derbyshire Sport, CSNs</p>
	<p>1.6.7 Coordinate and develop the walking festivals in the county so that they complement each other and are well signposted from other programmes e.g. Gold Standard Health Referral (Physical Activity) Schemes.</p>	<p>Derbyshire County PCT, Local Authority Leisure, CSNs, PDNPA</p>
	<p>1.6.8 Develop links with other agencies to jointly promote walking festivals and walks with Active Derbyshire branding.</p>	<p>DCC Countryside Services, DCC Library Services, Derbyshire County PCT, CSNs</p>
<p>1.7 Increase the number of Derbyshire residents who cycle on a weekly basis.</p>	<p>1.7.1 Work in partnership with British Cycling Council to design and launch a high profile cycling campaign to promote the opportunities for cycling in the county which builds on the Cycle Derbyshire work led by Derbyshire County Council.</p>	<p>Derbyshire Sport, DCC Transport Planners, British Cycling, CSNs</p>
	<p>1.7.2 Develop and launch a participation based programme of led rides for groups along the lines of Jog Derbyshire. A group to be set up at every venue used as part of the Gold Standard Health Referral (Physical Activity) Scheme in the county.</p>	<p>Derbyshire Sport, CSNs</p>
	<p>1.7.3 Identify a member champion for cycling within Derbyshire County Council to tie in with Cycling England initiative.</p>	<p>Derbyshire Sport</p>
	<p>1.7.4 Working with the Sustainable Travel Plan Officer encourage member organisations on the Derbyshire Partnership Forum to promote cycling to their staff as part of their organisation's business travel plan and promote corporate sign up to available bike purchase programmes.</p>	<p>Derbyshire Sport, DCC Transport Planners</p>

GOAL 1 continued

AIM	ACTION	POTENTIAL PARTNERS
<p>1.8 Support the actions in the Derbyshire Dance Development Plan that contribute to increasing residents' participation levels in Derbyshire.</p>	<p>1.7.5 Monitor the progress of Cycling Demonstration towns in the country to identify best practice to promote in the county.</p>	<p>Derbyshire Sport, DCC Transport Planners</p>
	<p>1.8.1 Work with leisure centres and Derbyshire Adult Community Education Service to provide a mixed programme of dance classes, daytime and evening.</p>	<p>Local Authority Leisure, Derbyshire Arts Partnership, DCC Adult Comm Ed, Dance Development Steering Group</p>
	<p>1.8.2 Work with Exercise Movement and Dance Partnership, Kit Fit Association and Derbyshire Dance to promote the Kit Fit Association's training in Chair Based Movement and Dance to staff within care homes, day centres and leisure centres.</p>	<p>Exercise Movement & Dance Partnership, Derbyshire County PCT, DCC Wellbeing Team</p>
	<p>1.8.3 Monitor the national work on dance and Dance Champions being led by the Dept of Health and bid for any suitable pilot dance projects that come out of this work.</p>	<p>Derbyshire Sport, Derbyshire Arts Partnership, Derbyshire County PCT</p>
<p>1.9 Significant employers in Derbyshire encourage and support their employees to regularly participate in sport and active recreation.</p>	<p>1.9.1 Work with partners, including Working Well at Derbyshire County PCT, to raise the awareness of the benefits and options for workplace exercise programmes with key private, public and voluntary employers in the county and encourage employers to sign up to workplace health initiatives.</p>	<p>Derbyshire County PCT, Derbyshire Sport, Notts and Derbyshire Chamber of Commerce</p>
	<p>1.9.2 Develop pilot sport and active recreation programmes with employers in the county, including Derbyshire County PCT.</p>	<p>Derbyshire County PCT, Derbyshire Sport</p>
	<p>1.9.3 Develop and promote an award to recognise healthy workplaces and promote examples of good practice.</p>	<p>Derbyshire County PCT, Derbyshire Sport, Notts and Derbyshire Chamber of Commerce</p>

GOAL 1 continued

AIM	ACTION	POTENTIAL PARTNERS
<p>1.10 Deliverers of sport and active recreation type activities to increase the number of opportunities provided that can be taken up by the family, including families with disabled parents and/or children as well as mental health service users.</p>	<p>1.10.1 Successful family activity projects to be researched. Key lessons to be disseminated to key delivery organisations in the county.</p>	<p>Derbyshire Sport, Derbyshire County PCT, Local Authority Leisure, DCC Adult Comm Ed, CSNs, PDNPA</p>
	<p>1.10.2 Activity programmes to include activities that are designed for and are promoted as family activities.</p>	<p>DCC Adult Comm Ed, Local Authority Leisure, DCC Countryside Service, PDNPA</p>
<p>1.11 'Return to Sport' recreational sport opportunities are available in a number of sports across the county.</p>	<p>1.11.1 Work with national governing bodies and other key local authority and voluntary sector partners to develop a programme of recreational sport opportunities in the county, accessible to all, including disabled people and mental health service users.</p>	<p>Local Authority Leisure, NGBs, DCC Adult Comm Ed, CSNs</p>
<p>1.12 Identify role models and champions within the county - who will promote the benefits of an active lifestyle.</p>	<p>1.12.1 Liaise with partners to identify role models from their local knowledge, and local award programmes that can be approached to be exercise champions. Champions to be diverse in terms of where they live, sex, age, race, income and ability.</p>	<p>Derbyshire Sport, Local Authority Leisure, CSNs, PDNPA</p>
	<p>1.12.2 Use champions at events and in media stories.</p>	<p>Derbyshire Sport, Local Authority Leisure, DCC Adult Comm Ed, CSNs</p>
<p>1.13 Partner organisations committed to the aim of raising physical activity levels for their staff and or customers.</p>	<p>1.13.1 LSP strategic documents include sections on sport, active recreation and everyday activity.</p>	<p>Derbyshire Sport, Local Authority Leisure, CSNs, PDNPA</p>
<p>1.14 Develop links with mass participation events and maximise the opportunities that they can provide.</p>	<p>1.14.1 Identify and agree a list of key events across the county.</p>	<p>Derbyshire Sport, Local Authority Leisure, DCC Adult Comm Ed</p>
	<p>1.14.2 All partners to promote the identified key events through existing networks.</p>	<p>Derbyshire Sport, Derbyshire County PCT, Local Authority Leisure, Leisure Centres, DCC Adult Comm Ed, DCC Countryside Services, DCC Library Services, CSNs</p>

GOAL 2

Develop and promote consistent messages and terminology about physical activity, sport, active recreation and everyday activity.

Measurement: Derbyshire Citizens Panel Survey

Active Derbyshire Website

Baseline - 6% recognise Active Derbyshire logo (May 2008)

Target - 50% (May 2012)


Baseline - 0 website hits

Target - 15,000 hits per month

AIM	ACTION	POTENTIAL PARTNERS
<p>2.1 Active Derbyshire campaign is a well regarded, well recognised and successful campaign in the county complementing the b-active campaign in Derby City.</p>	<p>2.1.1 Encourage all partners to use Active Derbyshire branding and logo on their relevant publications and press releases.</p>	<p>Derbyshire County PCT, Derbyshire Sport, Local Authority Leisure, Leisure Centres, CSNs, DCC Countryside Services, DCC Adult Comm Ed</p>
	<p>2.1.2 Local media brand relevant stories Active Derbyshire.</p>	<p>Derbyshire County PCT, Derbyshire Sport, Local Authority Leisure, Leisure Centres, CSNs, DCC Countryside Services, DCC Adult Comm Ed</p>
	<p>2.1.3 Active Derbyshire branding and logo is used on publicity/ literature/ merchandise for key events in the county such as Chesterfield 10 mile race, Sporting Futures 10K race, Sport Relief Mile, Erewash Novice Triathlon, Bike Week and other identified events.</p>	<p>Derbyshire Sport, Local Authority Leisure, CSNs</p>
	<p>2.1.4 Active Derbyshire campaign supports a number of key events during the year throughout the county in terms of publicity, press coverage and staff assistance, such as Sporting Futures Derby 10K, Race for Life events, Sport Relief miles etc.</p>	<p>Derbyshire Sport, Local Authority Leisure, CSNs</p>
	<p>2.1.5 Question on recognition of the Active Derbyshire branding to be included as part of the county Citizen Panel Survey.</p>	<p>Derbyshire Sport</p>
	<p>2.1.6 Active Derbyshire website promoted to partners as key website to promote all their relevant activities.</p>	<p>Derbyshire Sport</p>



GOAL 2 continued


AIM	ACTION	POTENTIAL PARTNERS
	<p>2.1.7 Active Derbyshire website promoted to general public as single point of contact for information on benefits of regular exercise, available opportunities and as a motivational tool.</p>	<p>Derbyshire Sport, Derbyshire County PCT, Local Authority Leisure, Leisure Centres, CSNs, DCC Adult Comm Ed, DCC Library Service</p>
<p>2.2 Gain maximum leverage from the national Change4Life campaign.</p>	<p>2.1.8 Active Derbyshire website promoted to health and exercise professionals as single point of contact for information on benefits of regular exercise, available opportunities and as a motivational tool.</p>	<p>Derbyshire Sport, Derbyshire County PCT, Local Authority Leisure, Leisure Centres</p>
<p>2.2 Gain maximum leverage from the national Change4Life campaign.</p>	<p>2.2.1 Use Change4Life family of logos on county promotional materials along side other relevant logos such as Active Derbyshire.</p>	<p>Derbyshire Sport, Derbyshire County PCT, Local Authority Leisure, Get Active in the Forest, CSNs</p>
<p>2.2 Gain maximum leverage from the national Change4Life campaign.</p>	<p>2.2.2 Organise at least 2 “promoting activity toolkit” training workshops to promote use of the Change4Life marketing tool to partners in the county.</p>	<p>Derbyshire Sport, Derbyshire County PCT</p>
<p>2.3 Make maximum use of full range of intelligence about people's participation rates and preferences.</p>	<p>2.3.1 Distribute market segmentation data to all interested partners and encourage use of this data in programme design and promotion.</p>	<p>Derbyshire Sport, Derbyshire County PCT, Local Authority Leisure, CSNs, DCC Adult Comm Ed</p>
<p>2.3 Make maximum use of full range of intelligence about people's participation rates and preferences.</p>	<p>2.3.2 Distribute Active People information to all interested partners and encourage use of this data in programme design and promotion.</p>	<p>Derbyshire Sport, Derbyshire County PCT, Local Authority Leisure, CSNs, DCC Adult Comm Ed</p>
<p>2.3 Make maximum use of full range of intelligence about people's participation rates and preferences.</p>	<p>2.3.3 Provide briefing and training sessions for partners on the market segmentation data and on the concepts of social marketing.</p>	<p>Derbyshire Sport</p>
<p>2.4 Maximise London 2012 Olympic and Paralympic Games as a way to promote physical activity and participation across the county.</p>	<p>2.4.1 Develop a range of activities and events based on London 2012.</p>	<p>Derbyshire Sport, Local Authority Leisure, Leisure Centres, CSNs</p>

GOAL 3

Work to reduce the inequalities that exist in the participation levels of members of under represented communities.

Measurement: Sport England Active People Survey KP1 data

Baseline	05/06	Target	10/11
Female	19.0%	Female	24.0%
Non White	20.6%	Non White	25.6%
Disabled	10.9%	Disabled	15.9%
Income less £15.5k	13.4%	Income less £15.5k	17.4%
LSOA (top 20% most deprived) with low AP1	77	LSOA (top 20% most deprived) with low AP	70

AIM	ACTION	POTENTIAL PARTNERS
<p>3.1 Develop programmes that are appealing and accessible to members of under represented communities.</p> 	<p>3.1.1 Participation targets to be set for under represented groups (race, ethnicity, gender, age, disability and social deprivation) for any new participation programmes or activities developed under the Active Derbyshire banner. Performance against these targets to be monitored and reported on.</p>	Project Lead Partner
	<p>3.1.2 Make use of existing reports and consultations and develop a report library on the Derbyshire Sport website for partners to use.</p>	Derbyshire Sport
	<p>3.1.3 Consult with the various forums representing members of under represented communities on the development of any major new programmes to address any concerns in the design stages of the programme.</p>	Project Lead Partner
	<p>3.1.4 Develop an annual calendar to consult with the various forums representing members of under represented communities on the progress against actions in this action plan.</p>	Derbyshire Sport
	<p>3.1.5 Market active living messages, Active Derbyshire campaign and participation opportunities to the residents living in the bottom 10% LSOA in the county through countywide Health Trainer Networks.</p>	Derbyshire County PCT

GOAL 3 continued

AIM	ACTION	POTENTIAL PARTNERS
3.2 Increase the number of IFI accredited sites in the county from a baseline of 3 (2008).	3.2.1 Increase the knowledge levels about IFI and the accreditation process amongst public and private sector facility managers.	Derbyshire Sport, IFI National Office
	3.2.2 Ensure that IFI accreditation is considered in any new build/refurbishment gym projects in local authority leisure centres.	Derbyshire Sport, Local Authority Leisure, Leisure Centres
	3.2.3 Ensure that IFI accreditation is considered in any new build/refurbishment gym project in the Building Schools for the Future programme.	Derbyshire Sport, DCC LEA
3.3 Well organised and resourced buddy schemes are in place across the county to support representatives from under represented groups take up available opportunities.	3.3.1 Work with volunteering agencies in the county to set up volunteer recruitment, support, training and placement programmes for volunteers to support individuals who require a buddy.	Derbyshire, Sport, CVSs and voluntary organisations



GOAL 4

Encourage all young people between the ages of 5-19 to do 60 minutes physical activity of at least moderate intensity, daily.

Measurement: Annual Health Survey for England

Baseline Boys (age 2-15) 72% Girls (age 2-15) 63% 60 mins per day (2007 survey)

Target Boys +4% Girls +4%

Annual School Sport Survey

Baseline 89% pupils (age 5-16) 2 hrs PE and out of school sport per week (2007/08 survey)

Target 95% pupils 2 hrs PE and out of school sport per week

National Childhood Measurement Programme

Baseline 17.1% Year 6 pupils obese (2007/08 survey)

Target 15.6% Year 6 pupils obese (10/11)

AIM	ACTION	POTENTIAL PARTNERS
<p>4.1 Reduce the year 6 childhood obesity rates in the county.</p>	<p>4.1.1 Develop and implement a countywide childhood obesity programme which has a family based approach working with schools and leisure providers.</p>	<p>Derbyshire County PCT, Schools Sport Partnerships, Local Authority Leisure, Derbyshire Sport</p>
<p>4.2 Sport Unlimited offers and funds a broad range of activities in each School Sport Partnership to appeal to the semi sporty young people.</p>	<p>4.2.1 Opportunity to put together a 10 week programme as part of the package is offered to partners working in active recreation.</p>	<p>Derbyshire Sport, School Sport Partnerships</p>
<p>4.3 Increase the number of schools achieving and continuing to achieve the National Healthy Schools Status and Beyond Healthy Schools Status.</p>	<p>4.3.1 Continue to support first time schools to achieve NHSS and support those schools who have already achieved, to maintain the standard and achieve re-accreditation after 3 years.</p>	<p>Healthy Schools, School Sports Partnerships</p>

GOAL 4 continued

AIM	ACTION	POTENTIAL PARTNERS
	<p>4.3.2 Promote to and support schools to participate in the Beyond Healthy School Status initiative.</p>	<p>Healthy Schools, School Sports Partnerships</p>
	<p>4.3.3 Develop, launch and promote a KS3 Healthy Lifestyle award.</p>	<p>Healthy Schools, School Sports Partnerships</p>
<p>4.4 Increase the number of young people cycling to school.</p>	<p>4.4.1 Work with Derbyshire County Council School Travel Plan adviser to encourage schools to include provision for cycling in their school plans.</p>	<p>DCC Environmental Services, School Sports Partnerships</p>
	<p>4.4.2 Work with Derbyshire County Council to increase and extend cycle training in schools to Year 5, Year 6 and secondary school pupils.</p>	<p>DCC Environmental Services, School Sports Partnerships, Cycle Derby</p>
	<p>4.4.3 Support the work of the Building Schools for the Future Physical Education & Sport Stakeholder Group to ensure that the commitment, to develop cycling facilities (cycle paths, cycle storage) as part of the BSF core offer, is implemented.</p>	<p>Derbyshire Sport, DCC LEA, DCC Environmental Services</p>
<p>4.5 Increase the number of young people walking to school on a weekly basis.</p>	<p>4.5.1 Work with Derbyshire County Council School Travel Plan adviser to encourage schools to include provision for walking in their school plans.</p>	<p>DCC Environmental Services, School Sports Partnerships</p>
	<p>4.5.2 Annually promote Walk to School Week (May) and Walk to School month (Oct) to schools, parents, School Sports Partnerships.</p>	<p>Derbyshire Sport, DCC Environmental Services, School Sports Partnerships, Healthy Schools</p>
	<p>4.5.3 Support the work of the Building Schools for the Future Physical Education & Sport Stakeholder Group to ensure that the commitment to develop walking routes as part of the BSF core offer is implemented.</p>	<p>Derbyshire Sport, DCC LEA, DCC Environmental Services</p>

GOAL 4 continued

AIM	ACTION	POTENTIAL PARTNERS
<p>4.6 Deliverers of sport and active recreation type activities to increase the number of opportunities provided that can be taken up by the family.</p>	<p>4.6.1 Successful family activity projects to be researched. Key lessons to be disseminated to key delivery organisations in the county.</p>	<p>Derbyshire Sport</p>
<p>4.7 Develop links with FE and HE Colleges across the county to promote physical activity opportunities across the college.</p>	<p>4.7.1 Work with HE/FE Colleges in the county that sign up to the Healthy FE Programme to ensure regular physical activity is part of the offer to students.</p>	<p>Local Authority Leisure, HE/FE Colleges, Derbyshire Sport</p>
<p>4.8 Increase the number of trained staff, working within schools, supporting physical activity interventions.</p>	<p>4.8.1 Increase the number of lunch time supervisor multi skills and playground activities training courses.</p>	<p>Healthy Schools, School Sports Partnerships</p>
<p>4.9 Increase the number of new people aged 16 and under, who are swimming on a weekly basis as a result of the government funded free swim initiative.</p>	<p>4.9.1 Establish baseline data for the number of 16s and under who go swimming and how often they go.</p>	<p>Free Swimming Group</p>
	<p>4.9.2 Agree 2nd tier authority targets for the 2 year free swimming programme to increase:</p> <ul style="list-style-type: none"> - the number 16s and under who swim - the frequency of swimming of 16s and under - the number of disabled young people and looked after children who swim as part of this programme. 	<p>Free Swimming Group</p>
<p>4.10 Increase the number of young disabled and looked after children who are swimming and using the gym as a result of the county Aiming High initiative.</p>	<p>4.10.1 Establish baseline data for young people on Aiming High.</p>	<p>Free Swimming Group</p>
	<p>4.10.2 Agree 2nd tier authority targets for:</p> <ul style="list-style-type: none"> - the number of disabled young people and looked after children who swim as part of this programme. - the number of care leavers in this programme. 	<p>Free Swimming Group</p>

GOAL 5

Reduce the drop off that occurs in young people's physical activity levels when they leave full-time education.

Measurement: Sport England Active People Survey KPI 1 data

Baseline 39.9% 16-18yrs 3x30 (2005/06 survey)
Target 45.0% 16-18 yrs 3x30

AIM	ACTION	POTENTIAL PARTNERS
<p>5.1 The rate at which young people (16-19) drop out of regular physical activity is reduced.</p>	<p>5.1.1 Set up district based meetings to agree strategies and targets to maintain young people in the five key sports (identified by Sport England) once they have left school.</p>	<p>School Sports Partnerships, HE/FE Colleges, DCC PE & School Sport, Derbyshire Sport, DCC Youth Service, CSNs, NGBs, local Sports clubs</p>
	<p>5.1.2 Identify the popular physical activities within the education setting for this age group and develop projects within community settings where gaps exist. Link young people to these community projects.</p>	<p>School Sports Partnerships, HE/FE Colleges, DCC PE & School Sport, Derbyshire Sport, DCC Youth Service, CSNs, NGBs, Local Sports Clubs, Local Authority Leisure, Leisure Centres</p>
	<p>5.1.3 Collate and share existing consultations and young peoples' surveys to inform work for increasing levels of physical activity of 16-19 year olds.</p>	<p>Derbyshire Sport, School Sports Partnerships, HE/FE Colleges</p>



GOAL 6

Capitalise on the opportunities provided by the natural and built resources to raise adult and children's participation levels.

Measurement: Derbyshire School Travel Mode Data

Baseline 27% children travel to school by car (Jan 09 survey)
51% children walk to school

Target Maintain 27% travel by car
54% walking

AIM	ACTION	POTENTIAL PARTNERS
<p>6.1 Increase the mileage of on and off-road cycling routes in the county.</p>	<p>6.1.1 Build or upgrade priority cycle tracks in the county.</p>	<p>DCC Countryside Services, PDNPA</p>
<p>6.2 Make countryside and the range of available outdoor activities more accessible to local residents.</p>	<p>6.2.1 Identify capacity within existing facilities or clubs for more users/members e.g. sailing clubs, climbing clubs, cycling clubs, canoe clubs etc.</p>	<p>Local Authority Leisure, CSNs</p>
	<p>6.2.2 Support interested clubs develop an on-going, well publicised programme of beginner/transitional sessions, including outreach sessions in particular communities where this is feasible.</p>	<p>Local Authority Leisure, CSNs, Get Active in the Forest, PDNPA, Local Sports Clubs</p>
	<p>6.2.3 Support existing and promote new activity festivals tied into the beginner sessions.</p>	<p>CSNs, Derbyshire Sport, PDNPA</p>
	<p>6.2.4 Develop the signage for walking and cycling routes to inform about route options, times taken, calories used for rural routes and urban public spaces.</p>	<p>Derbyshire Sport, DCC Countryside Services, CSNs, Parish & Town Councils, Local Authority Leisure/Parks, DCC Environmental Services</p>
	<p>6.2.5 Designate and sign up a number of 2012 Active Challenge 1 mile routes in the county.</p>	<p>Derbyshire Sport, DCC Countryside Services, CSNs, Parish & Town Councils, Local Authority Leisure/Parks, DCC Environmental Services</p>



GOAL 6 continued

AIM	ACTION	POTENTIAL PARTNERS
<p>6.3 Work with the Peak District National Park Authority and other similar agencies such as the National Forest to promote active recreation opportunities within these areas.</p>	<p>6.3.1 Contribute to the delivery of the Peak District National Park Authority's Recreation Strategy and other similar strategies including the Recreation Strategy for the National Forest.</p>	<p>Derbyshire Sport, DCC Countryside Services, CSNs, PDNPA, National Forest, Local Authority Leisure</p>
	<p>6.3.2 Contribute to the production and delivery of any specific action plans produced as a result of this strategy e.g. for cycling, walking, climbing.</p>	<p>Derbyshire Sport, DCC Countryside Services, CSNs, PDNPA, Local Authority Leisure</p>
<p>6.4 Develop a county programme of participation/festival events along side any national or world sporting events hosted in the county.</p>	<p>6.4.1 Identify existing programme of events and festivals and jointly promote these across the county.</p>	<p>Derbyshire Sport, DCC Countryside Services, CSNs, PDNPA, National Forest</p>
<p>6.5 Ensure that the Active Derbyshire Plan is recognised in play and open space strategies.</p>	<p>6.5.1 Establish links with recognised play and open space organisations.</p>	<p>Derbyshire Sport, Local Authorities Leisure/Parks</p>
<p>6.6 Promote the value and use of open spaces and parks for active recreation.</p>	<p>6.6.1 Establish links with local agencies that manage open spaces and parks to ensure that they are promoted across the county.</p>	<p>Derbyshire Sport, Local Authorities Leisure/Parks, CSNs, PDNPA, National Forest</p>
	<p>6.6.2 Increase the number of parks in the county with Green Flag accreditation.</p>	<p>Local Authorities Leisure/Parks</p>
<p>6.7 Promote the value of Green and Blue Gyms for offering different physical activity opportunities.</p>	<p>6.7.1 Establish a relationship with organisations offering practical conservation opportunities in the county. Include local opportunities on the Active Derbyshire website.</p>	<p>Derbyshire Sport, British Trust for Conservation Volunteers, Derbyshire Wildlife Trust, National Trust, PDNPA</p>
<p>6.8 Maximise the impact the Town and Country Planning System can have on the everyday living and active recreation agenda.</p>	<p>6.8.1 Establish a relationship with planners in the county to jointly agree ways that the planning system can impact on the agenda.</p>	<p>Derbyshire Sport, DCC Environmental Services, Local Authorities Planning</p>

GOAL 7

Support the work of the voluntary sector to increase the number of young people and adults who regularly volunteer their time to support active recreation.

Measurement: Sport England Active People Survey KP2 data

Baseline 4.5% 16+ volunteer for at least 1 hr p.w. (2005/06 survey)

Target 8%

Annual School Sports Survey

Baseline 12% pupils (5-16) volunteering in sport (2007/08 survey)

Target 22% pupils (5-16) volunteering in sport

AIM	ACTION	POTENTIAL PARTNERS
7.1 Increase the number of volunteers supporting active recreation programmes in the county.	7.1.1 County volunteer induction pack to be developed to include examples of active recreation and conservation volunteering projects as well as sports based projects.	Derbyshire Sport
	7.1.2 Produce a calendar of volunteering opportunities at participation events and promote these to the Volunteer Centres in the county and the Leadership Academy website.	Derbyshire Sport, Local Authorities, CSNs, CVs, HE/FE Colleges, Volunteer Centres
	7.1.3 Celebrate the contributions of people volunteering within active recreation type projects such as Jog Leaders, Walk for Health Walk Leaders, volunteer Health Trainers by developing a county volunteer award scheme.	Derbyshire Sport, Derbyshire County PCT, CVs, Volunteer Centres
	7.1.4 Develop a process with the Volunteer Centres to follow up event volunteers to encourage them to do more long term volunteering within active recreation or sport environment.	Derbyshire Sport, Volunteer Centres, CSNs, Local Authority Leisure
7.2 Well organised and resourced buddy schemes are in place across the county to support representatives from under represented groups take up available opportunities.	7.2.1 Work with volunteering agencies in the county to set up volunteer recruitment, support, training and placement programmes for volunteers to support individuals who require a buddy.	Derbyshire Sport, Volunteer Centres, Local Authorities Leisure, CSNs, CVs, HE/FE Colleges
	7.2.2 Link the Leadership Academy to the buddy scheme.	Derbyshire Sport, School Sports Partnerships, HE/FE Colleges, DCC Youth Service

GOAL 8

Manage and develop the Active Derbyshire Partnership to deliver the actions in this plan.

Measurement: Annual meeting to review progress against targets

Target: 3 annual review meetings held
Minimum of 4 full Partnership Group meetings per annum

AIM	ACTION	POTENTIAL PARTNERS
8.1 Develop the strategic influence of the Active Derbyshire Partnership amongst key organisations in the county, regionally and nationally.	8.1.1 Widen the membership of the partnership to cover key areas not currently represented e.g. transport planning (3 accessibility partnerships), town and country planning, Play England, equity organisations.	Derbyshire Sport
8.2 Establish task and finish groups to lead on key actions in the plan where necessary.	8.2.1 Agree the correct structures, meeting timetables to deliver the actions in this plan.	Derbyshire Sport, all Active Derbyshire Partnership members
8.3 Learn from the experience in other parts of the country and world to bring the most successful messages and programmes to Derbyshire.	8.3.1 Track progress in the 9 Healthy Town projects funded by the government and feedback information to partnership members.	Derbyshire Sport
	8.3.2 Track progress in the Cycling Demonstration Towns funded by the government and feedback information to partnership members.	Derbyshire Sport
8.4 Review progress of action plan on an annual basis with key partners and key strategic groups to allow priorities to be set and new actions to be developed.	8.4.1 Hold an annual review meeting with group members and representatives from other key groups and/or strategy owners e.g. CSNs, Derbyshire Dance Development Plan Steering Group, Peak District National Park Authority, National Forest.	Derbyshire Sport
8.5 CSN play a key role in delivering local level actions of this plan.	8.5.1 CSNs to set district based participation targets within their action plans.	CSNs
	8.5.2 Members of the partnership to nominate relevant colleagues to attend district based CSN meetings to strengthen the resources of the CSN to enable them to deliver on actions in this plan.	Derbyshire Sport, Local Authorities Leisure, Leisure Centres, DCC Adult Comm Ed, Derbyshire County PCT, DCC Countryside Services, DCC Wellbeing

abbreviations and acronyms

Abbreviation	Term
Active Derbyshire Partnership	Lead strategic group for physical activity in the county
AP	Active People Survey
AP 1	Active People Survey 1 (Oct 2005/Oct 2006)
AP 2	Active People Survey 2 (Oct 2007/Oct 2008)
BME	Black and Minority Ethnic communities
BSF	Building Schools for the Future - a government funded programme to rebuild or refurbish every secondary school in England.
Change 4 Life	Change 4 Life is a society-wide movement that aims to prevent people from becoming overweight by encouraging them to eat better and move more
CIF	Sport England Lottery Award - Community Investment Fund
CMO	Chief Medical Officer
CSN	Community Sports Network
CSP	County Sports Partnership
CVS	Council for Voluntary Service
DCMS	Department of Culture Media and Sport
DCC	Derbyshire County Council
Derby CC	Derby City Council
Derbyshire Sport	The County Sports Partnership
DoH	Department of Health
EMPAN	East Midlands Physical Activity Network
FE	Further Education
HE	Higher Education
HPS	Health Promoting Schools
IFI	Inclusive Fitness Initiative
KPIs	Key Performance Indicators
LA	Local Authority
LAA	Local Area Agreement
LAP	Olympic Legacy Action Plan
LEA	Local Education Authority
LSOA	Lower Super Output Area - a unit of geography used in the UK for statistical analysis, developed and released by Neighbourhood Statistics. LSOA has a minimum population 1000, mean population 1500.
LSP	Local Strategic Partnership
NCHMP	National Childhood Measurement Programme
NGB	National Governing Body
NHSS	National Healthy Schools Status
NI 8	National Indicator 8 (Participation target for 16+ population) - one of targets in Derbyshire's Local Area Agreement
PCT	Primary Care Trust
PDM	Partnership Development Manager
PDNPA	Peak District National Park Authority
PE	Physical Education
PESSYP	PE and School Sports Strategy for Young People
PSA	Public Service Agreement
SCL	School Club Links
SDO	Sports Development Officer
SE	Sport England
SSP	Schools Sports Partnership

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- 5 A Strategic Plan for Sport and Active Recreation in Derbyshire 2009 - 2013
- 6 The National Forest Strategy 2004 - 2014

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- Derbyshire Sport
- Department of Health
- Erewash Borough Council
- High Peak Borough Council
- North East Derbyshire District Council
- Derbyshire County Primary Care Trust
- Peak District National Park Authority
- Play England
- South Derbyshire District Council
- Sport England



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